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Personality Differences Between Inter-Collegiate Level Kabaddi and Volleyball Players

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Abstract

In the field of physical education and sports there are many popular games and events. Volleyball and Kabaddi is the most popular games in peoples. The purpose of this study was to find out personality difference between volleyball and kabaddi players. The 45 volleyball and 38 kabaddi players were selected as a subject for this study. EYSENCK'S Personality Inventory (E.P.I.) was administered to the Volleyball and Kabaddi players. Instructions were given to the subjects before filling the E.P.I. t-ratio was computed to compare, the significance of differences between the means of Extroversion and Neuroticism of Inter-Collegiate Volleyball and Kabaddi players. Significant differences were found in extroversion of kabaddi and volleybal players. Kabaddi Players having less extrovert tendency whereas Volleyball players have less neurotic tendency.

Key words: Eysenck's inventory, extroversion, neurotic tendency.

Introduction

Volleyball and Kabaddi are the most popular sports. The study of personality characteristic and profiles of sports participants is one of the most popular areas in sports psychology research. Personality is the overall pattern of psychological characteristics that makes person unique individuals. It is well known fact that players, of one game differ from the players of other games in their personality traits¹. The game of Kabaddi and Volleyball are simple in nature, easy to organize and less expensive, hence they reach to common men. Both games can be played in a small area and practically less equipment is required. Kabaddi is most aggressive and heavy contact game, but Volleyball is a semi-contact game. Both

games differ from each other in their nature, skill, techniques, strategies etc.

Experimental

The 45 Volleyball and 38 kabaddi players who have participated in Inter-Collegiate tournament conducted by Saurashtra University Rajkot held at Somnath Academy, Kodinar and J.S.Parmar Arts College, Kodinar were selected as subject for this present study. EYSENCK'S Personality Inventory (E.P.I.) was administered to the Volleyball and Kabaddi players. Instructions were given to the subjects before filling the E.P.I.². t-ratio was computed to compare, the significance

Table – 1 Means, Standard Deviations and t-ratio of Extroversion for Kabaddi and Volleyball Players

Sports	Numbers	Mean	SD	t-ratio
Kabaddi	38	17.08	3.73	3.93*
Volleyball	45	19.61	3.93	

*significant at 0.05 level

Table – 2 Means, Standard Deviations and t-ratio of Neuroticism for Kabaddi and Volleyball Players

Sports	Numbers	Mean	SD	t-ratio
Kabaddi	38	19.61	3.93	2.96*
Volleyball	45	17.12	3.75	

*significant at 0.05 level

of differences between the means of Extroversion and Neuroticism of subjects.

Results and Discussion

A significant difference in extroversion and neuroticism score was found (Table 1 and 2), between Inter-Collegiate Volleyball and Kabaddi players. Kabaddi players have more Neurotic tendency and less extroversion. These differences are probably due to nature of games, biologically and emotional difference in kabaddi and volleyball players³.

References

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