

# Parental Motives for Inspiring their Daughters in Basketball Game in Anand and Ahmedabad City

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## Abstract

The purpose of the study was to find out the parental motives for inspiring their daughters in Basketball game. The study was delimited to female Basketball Player in Basketball game in Anand and Ahmedabad city. The Study was further delimited to investigation through self-prepared questionnaire of motives. Parents of 90 female Basketball players regularly attending the basketball game in Anand and Ahmedabad were served as subjects for the purpose of the study. During the practice session's parents who bring their daughter to the centre were approached personally by the research scholar and remaining questionnaire were sent to the residences of the female basketball players whose parents did not come frequent visit to Basketball Ground. Purpose of the study and necessary instructions were explained to the parents in detail as well assured them that the responses given by them would be kept strictly confidential and utilized for the research purpose only. The data obtained after administering the questionnaire was analyzed using chi-square ( $X^2$ ) technique. The results of the study shows that Parents of the daughter's of the Anand and Ahmedabad city involving in Basketball game shows neither high nor low motives towards their daughters, thus hypothesis is being rejected.

## Introduction

Female athletes compete for different reasons than boys and require different kinds of stimuli to achieve with the popularity of women's basketball at an all-time high, hundreds of young female athletes are beginning to dream of playing professional basketball. Many of them are being coached by men who do not understand the many factors involved in motivating and coaching female athletes, and this can lead to much frustration and misunderstanding. Budgets permitting, male coaches will often hire a female assistant to provide the much needed insight in dealing with female athletes. Once these factors fall into place, the male coach will have few problems

coaching his athletes. The three basic areas that must be addressed in motivating female athletes are camaraderie among the players and between coaches and athletes, a positive self-perception, and the realization that female athletes compete for different reasons than males and require different kinds of stimuli to achieve. It must be understood that girls, skilled as they may be, view their general skills more negatively. It also used to be believed that girls were hesitant about participating in sports for fear of becoming too athletic or too muscular. The girls' coach must also understand that males look for an action oriented environment for competition, while females prefer a more meditative ambiance. They want to be addressed in a friendly and respectful manner and are turned off by yelling, screaming, and the throwing of objects.

Motivation research is thus one of the most important areas of study for the sports psychologists holding potentially useful information for the coach and athlete. Several New trends in motivational research hold potential uses for coaches and athletes such as the attempts to evaluate motivation in sports as well as the study of the cognitive processes that form the motivational "structure" in people as they perform in achievement oriented situation. Parents often assume the role of motivator, facilitator, even coach in the life of the young athlete. In these roles parents can provide financial, emotional and physical support. They can also apply pressure to the young athlete in the interest of excellence and success. The present research examined parental support and parental pressure and their role in the sport experience of young tournament Basketball players. Basketball players were chosen because their evaluation of outcome is based on individual performance. As such, we would not expect to see among Basketball players the biased attributions likely to accompany team member's evaluation of their own contribution to group performance outcomes. Moreover, tennis is a sport in which there is ample opportunity for parents



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to involve themselves in the young athlete's sport experience. The game of Basketball is played by two teams of five players on a court. The objective of each team is to score by putting a ball into its own basket and to prevent the other team from doing so. The ball can be advanced only by passing with the hands or by dribbling (batting, pushing or tapping) the ball on the floor once or several times without touching it with both hands simultaneously. Fundamental skills include footwork, shooting, passing and catching, dribbling, rebounding, using moves with the ball, moving without the ball, and defending. The psychological content of any activity, including sports is connected not only with aims but its motives also. Motives possess an important significance. They represent the definite inner power. They are the outcome of objective environments and objective causes which arises from the objective conditionings of life and activity of the people. Having come up, they furnish energy to a person's aspirations to achieve the set goals. Parents play an important role in their children's enjoyment, success and continuation of sports participation. Parents play the largest role in the development of their children. Children learn from their parents, who serve as their main role models. Children also learn values, attitudes and how to behave from their parents. Parents are the most important behavior models, especially during the early years in a child's life.

The purpose of the study was to find out the parental motives for inspiring their daughters in Basketball game.

### **Delimitations**

The study was delimited to female Basketball Players in Basketball game in Anand and Ahmedabad. The Study was further delimited to investigation through self-prepared questionnaire of motives.

### **Limitations**

Questionnaire technique has its limitation; the information given by the subjects on the questionnaires were acted as limitation for the study.

### **Hypothesis**

It was hypothesized that parents of female Basketball players will have high motives for sending their daughter in Basketball game.

## **Experimental**

Parents of 90 female Basketball players regularly attending the basketball game in Anand and Ahmedabad were served as subjects for the purpose of the study. During the practice session's parents who bring their daughters to the centre were approached personally by the research scholar and remaining questionnaire were sent to the residences of the female basketball players whose parents did not come frequent visit to Basketball Ground. Purpose of the study and necessary instructions were explained to the parents of female basketball players in detail as well assured them that the responses given by them would be kept strictly confidential and utilized for the research purpose only. The data obtained after administered the questionnaire was analyzed using chi-square ( $X^2$ ) technique. The responses of the questionnaire were analyzed in percentage and were subjected to chi-square ( $X^2$ ) analysis and 0.05 level of significant were chosen.

## **Results**

The study has revealed that the parents of female basketball players of Anand and Ahmedabad city involving in Basketball not more emphasize on parental motives for inspiring their daughters in Basketball for betterment and upliftment of the game. The results of the study shows that Parents of the daughters of the Anand and Ahmedabad city involving in Basketball game shows moderate level motives towards their daughters, thus hypothesis is being rejected. They did not apply more pressure to their daughters in the interest of excellence and success. Present research indicates that among female basketball player's parental motives is associated with lower enjoyment of basketball game, not more positive appraisal of performance outcomes and not more positive appraisals of self-work. From this study it is also found that parents should be neither supportive nor demanding. They should not understand the realistic goal of their daughter's capability. As well Parents can play a vital role if they can behave as ideal role model. The idea that parents can influence the development of their daughters physical activity habits is widely not accepted. The goal of this article is to review the scientific knowledge available on this topic. First, only a limited number of studied (i.e. 90) was



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identified in this research area. Parents of daughters of Anand and Ahmedabad city can not appropriateness of physical activity. Based on those believes some parents should be support, encourage and positively orient their daughters toward sport and physical activity. Subsequently, those specific behaviors can affect female basketball players motivational and emotional responses, which are in turn predictors of their daughters involvement in sport and physical activities.

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